

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>HAPPY BIRTHDAY</b> - Leonard H. - Ava P. - Cecilia P. - John P.			<b>-Summer</b> -Average High Temperature 27°C. -Average Low Temperature 19°C	1 <sup>st</sup> <b>10:30 Tai Chi</b> 1:00 House Based Activities 3:00 Music Melodies (H6)	2 <sup>nd</sup> <b>10:30 Trivia &amp; Whiteboard Games</b> 1:00 House Based Activities
3 <sup>rd</sup> <b>10:30 Disco Themed Indoor Bowling</b>  1:30 Men's Club (Snooker) 3:00 Park Walk (H7.2)	4 <sup>th</sup> <b>10:00 CAFÉ Day &amp; Discussions with Brendan Fit Talk!</b> 1:30 Bingo 3:00 Fun & Fitness (H7.1)	5 <sup>th</sup> 10:30 Baptist Service 2:00 Residents & Representative Advisory Committee 3:00 Hand Massages (H2)	6 <sup>th</sup> Waitangi Day (NZL) <b>10:00 Waitangi Day Art with Narwee Active Kids</b> 1:30 Upright Fitness 3:00 Table Games (H3)	7 <sup>th</sup> <b>10:30 Musical Melodies</b> 12:45 Roselands Shopping Trip 3:00 Knitting (H1)	8 <sup>th</sup> <b>10:30 Basketball Games</b> 1:00 House Based Activities 3:00 Music Melodies (H6)	9 <sup>th</sup> <b>10:00 Puzzles &amp; Hand Massages</b> 1:00 House Based Activities
10 <sup>th</sup> <b>10:30 Scooter Rides</b> 1:30 Memory Lane (Show & Tell) 3:00 Park Walk (H7.2)	11 <sup>th</sup> 10:30 Catholic Mass & Morning Tea 1:30 Bingo 3:00 Fun & Fitness (H7.1)	12 <sup>th</sup> 11:00 Lunch & Scenic Tour at Yarra Bay Sailing Club 3:00 Hand Massages (H2)	13 <sup>th</sup> 10:30 Be Connected with George in H7 (Ukelele) 1:30 Upright Fitness 3:00 Table Games (H3)	14 <sup>th</sup> Valentine`s Day <b>10:30 Kristy Lee Valentine`s Day Concert</b> 1:30 Art & Craft (Valentine`s Day Hearts) 3:00 Knitting (H1)	15 <sup>th</sup> <b>10:30 Zumba Fitness</b> 1:30 Hope Worldwide Australia 3:00 Music Melodies (H6)	16 <sup>th</sup> <b>10:30 Table &amp; Mind Games</b> 3:30 Open Bible Baptist Service
17 <sup>th</sup> <b>10:30 Knitting Group</b> 1:30 Photography Day 3:00 Park Walk (H7.2)	18 <sup>th</sup> 10:30 Bingo 2:30 Foodie Group (H3) 3:00 Penny Charms (H6) 3:00 Fun & Fitness (H7.1)	19 <sup>th</sup> 10:30 Wellbeing & Aromatherapy Class 1:30 Balloon Tennis 3:00 Hand Massages (H2)	20 <sup>th</sup> <b>10:30 Gardening (H2)</b> 1:30 Upright Fitness (w/ Community Transport & Japanese Visitors) 3:00 Table Games (H3)	21 <sup>st</sup> <b>10:30 Armchair Travel to Sri Lanka</b> 12:45 Roselands Shopping Trip 3:00 Knitting (H1)	22 <sup>nd</sup> <b>10:30 Golf Games</b> 1:00 House Based Activities 3:00 Music Melodies (H6)	23 <sup>rd</sup> <b>10:30 Morning Tea in the Gazebo</b> 1:00 House Based Activities
24 <sup>th</sup> 10:30 Bible Studies 1:30 Bocce 3:00 Park Walk (H7.2)	25 <sup>th</sup> 10:30 Bingo 1:30 NRL Tipping 3:00 Fun & Fitness (H7.1)	26 <sup>th</sup> <b>10:30 Park Walk &amp; Bird Watching</b> 1:30 Art & Craft (Mardi Gras Jester) 3:00 Hand Massages (H2)	27 <sup>th</sup> 10:30 Be Connected with George H7 (Digital Devices) 1:30 Upright Fitness 3:00 Table Games (H3)	28 <sup>th</sup> Brazilian Carnival <b>12:00 Brazilian Carnival BBQ Celebrations</b> 3:00 Knitting (H1)		PODIATRIST 06/02 & 20/02 AUDIOLOGIST 11/02 BEAUTICIAN 12/02 LIBRARY 21/02

9:00-10:30 & 3:00-5:00 -Individual Activities -Pastoral/Spiritual Services  
 - Small Group Activities - Hand Massage & Aromatherapy

Weekend activities are available with care staff, as individual visits and small group activities.

For more information, email [charsas@leighplace.com.au](mailto:charsas@leighplace.com.au) or call 0406095364.

