

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
<p><b>Summer</b> Average High -Temperature 26 °C. Average Low -Temperature 19 °C</p>	<p><u>PODIATRIST 09/01/25,</u> <u>23/01/25</u> <u>AUDIOLOGIST 14/01/25</u> <u>BEAUTICIAN 15/01/25</u> <u>LIBRARY 23/01/25</u></p>	<p>1<sup>st</sup> NEW YEARS DAY </p>	<p>2<sup>nd</sup> 10:00 Indoor Bowling with Narwee Active Kids 1:30 Upright Fitness &amp; Afternoon Tea</p>	<p>3<sup>rd</sup> 10:30 Bingo 12:45 Roselands Shopping Trip 2:30 H7 Seated Exercises</p>	<p>4<sup>th</sup> 10:30 Park Walk 1:00 Films with Friends</p>	<p>5<sup>th</sup> 10:30 Trivia &amp; Whiteboard Games 1:00 Films with Friends</p>
<p>6<sup>th</sup> 10:30 Knitting Group 1:30 Penny Charms</p>	<p>7<sup>th</sup> 10:30 Catholic Mass &amp; Morning Tea 1:30 Bingo </p>	<p>8<sup>th</sup> ELVIS BIRTHDAY 10:30 Art &amp; Craft (AUS Paper Chains) 1:30 Fun with Young Hearts</p>	<p>9<sup>th</sup> 10:30 Laugh Class 1:30 Upright Fitness &amp; Afternoon Tea </p>	<p>10<sup>th</sup> 10:30 Carss Park Scenic Drive &amp; Picnic Lunch 2:30 H7 Fun &amp; Fitness </p>	<p>11<sup>th</sup> 10:30 Tai Chi &amp; Morning Tea 1:00 Films with Friends</p>	<p>12<sup>th</sup> AUSTRALIAN OPEN 10:00 Puzzles &amp; Hand Massages 1:00 Films with Friends</p>
<p>13<sup>th</sup> 10:30 Balloon Tennis with Vocational Care 1:30 Resident to Resident Visits</p>	<p>14<sup>th</sup> 10:30 Bingo 1:30 Memory Lane (Show &amp; Tell)</p>	<p>15<sup>th</sup> 10:30 Art &amp; Craft (Indigenous Art) 1:30 Fun with Young Hearts</p>	<p>16<sup>th</sup> 10:30 Gardening (H1) 1:30 Upright Fitness &amp; Afternoon Tea (with Community Transport)</p>	<p>17<sup>th</sup> 10:30 Musical Melodies 12:45 Roselands Shopping Trip 2:30 H7 Fun &amp; Fitness </p>	<p>18<sup>th</sup> 10:30 Zumba Fitness 1:00 Films with Friends 3:00 Hope Worldwide Australia</p>	<p>19<sup>th</sup> 10:30 Table &amp; Mind Games 3:30 Open Bible Baptist Service</p>
<p>20<sup>th</sup> 10:30 Knitting Group 1:30 Art &amp; Craft (Lunar New Year Napkin Holders)</p>	<p>21<sup>st</sup> 10:30 Bingo 1:30 Fun with Young Hearts 2:30 Foodie Group</p>	<p>22<sup>nd</sup> 10:30 H7 Meeting 1:00 H1,5,6 Meeting 2:30 H2,3,4 Meeting</p>	<p>23<sup>rd</sup> 10:30 Be Connected with George H7 (Digital Devices) 1:30 Upright Fitness</p>	<p>24<sup>th</sup> 12:00 AUSTRALIA DAY BBQ &amp; CONCERT (Fiona) 2:30 H7 Fun &amp; Fitness</p>	<p>25<sup>th</sup> 10:30 House Chores 1:00 Films with Friends</p>	<p>26<sup>th</sup> AUSTRALIA DAY </p>
<p>27<sup>th</sup> </p>	<p>28<sup>th</sup> 10:30 Bingo 1:30 Australian Open Happy Hour </p>	<p>29<sup>th</sup> LUNAR NEW YEAR 10:30 Fun with Young Hearts 1:30 Cooking Class </p>	<p>30<sup>th</sup> 10:00 Pamper Group 1:30 Upright Fitness &amp; Afternoon Tea</p>	<p>31<sup>st</sup> 10:30 Armchair Travel to Australia 1:30 Art &amp; Craft (Poi Balls) 2:30 H7 Fun &amp; Fitness</p>	<p>HAPPY BIRTHDAY - Norma M. - Anne B. - Rosemary H. - Liz H. - Vincent H. -Heather S - Aleksandra S.</p>	<p></p>

9:00-10:30 & 3:00-5:00 -Individual Activities -Pastoral/Spiritual Services

- Small Group Activities - Hand Massage & Aromatherapy

Weekend activities are available with care staff, such as individual visits and small group activities.

For more information, email [lifestyle@leighplace.com.au](mailto:lifestyle@leighplace.com.au) or call 0406095364.

