ACTIVITY CALENDAR- NOVEMBER 2024

RESIDENT NAME:

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
HAPPY BIRTHDAY Marie S. Gary B. Pauline P. Tony P. John D. Russel B. Andrew D.	Happy Birtholay!	Spring Average High Temperature 25°C. Average Low Temperature 15°C		1st Diwali 10:30 Diwali - Festival of Lights 12:45 Roselands Shopping Trip 2:30 H7 Seated Exercises	2 nd 10:00 Christmas Decorations in H1 1:00 Movie Time	3 rd 10:00 Christmas Decorations in H2 1:00 Movie Time
4 th	5 th Melbourne Cup	6 th	7 th	8 th	9 th	10 th
10:30 Zumba Fitness & Morning Tea 1:30 Pamper Paradise	10:30 Bingo 2:00 Happy Hour & Melbourne Cup Sweeps	10:30 Baptist Service & Morning Tea 1:30 Alphabet Bingo with Young Hearts	10AM to 1PM Post Office Shop (Christmas Sale) 10:00 Golf Games with Narwee Active Kids 1:30 Upright Fitness & Afternoon Tea	10:30 Bus Outing to Ramsgate RSL Club (Mike's Grill) 2:30 H7 Seated Exercises	10:00 Christmas Decorations in H3 1:00 Movie Time	10:00 Christmas Decorations in H4 1:00 Movie Time
11 th Remembrance Day	12 th	13 th	14 th	15 th	16 th	17 th
10:30 Knitting Club 1:30 Remembrance Day Commemoration Service	10:30 Catholic Mass & Morning Tea 1:30 Memory Lane & Afternoon Tea	10:00 Craft – Tea – Social Seniors (Canterbury/ Bankstown Library) 1:30 Cooking with Young Hearts	10:30 Bingo 1:30 Upright Fitness & Afternoon Tea 2:30 Foodie Group Meeting	10:30 Be Connected with George (H7) 12:45 Roselands Shopping Trip 2:30 H7 Seated Exercises	10:00 Christmas Decorations in H5 1:00 Movie Time 3:00 Hope Australia Worldwide	10:00 Christmas Decorations in H6 1:00 Movie Time 3:30 Open Bible Baptist Service & Sing-a-long
18 th	19 th International Men's Day	20 th	21 st	22 nd	23 rd	24 th
10:30 Spiritual Devotions 1:30 Digital Devices Support	10:30 Indoor Bowling with BHNPS 1:30 Painting with Young Hearts	10:30 House 7 Meeting 1:00 House 1, 5 & 6 Meeting 2:30 House 2, 3 & 4 Meeting	09:45 Dane Bank Christmas Concert & Lunch	10:30 Bingo 1:30 Armchair Travel to USA 2:30 H7 Seated Exercises	10:00 Christmas Decorations in H7.0 1:00 Movie Time	10:00 Christmas Decorations in H7.1 1:00 Movie Time
25 th	26 th	27 th	28 th Thanksgiving	29 th	30 th	PODIATRIST - 14/11/24
10:30 Knitting Club1:30 Senior RightsService InformationSession	10:30 Men's Sheds Bankstown 1:30 Bingo	10:30 Indoor Volleyball 1:30 Christmas with Young Hearts	10:30 Be Connected with George (H7) 10:30 Gardening 1:30 Upright Fitness & Afternoon Tea	12:00 Monthly BBQ & 60s Concert with Olivia 2:30 H7 Seated Exercises	10:00 Christmas Decorations in H7.2 1:00 Movie Time	28/11/24 AUDIOLOGIST - 19/11/24 BEAUTICIAN - Back in December LIBRARY - 19/11/24

9:00-10:30 & 3:00-5:00 -Individual Activities -Pastoral/Spiritual Services -Small-Group Activities -Hand Massage & Aromatherapy Weekend activities are available with care staff as individual visits and small group activities. For more information, email <u>charsas@leighplace.com.au</u> or call 0406095364.





